

was first launched by Project Love in 2017 and has come out every year since, with a brand new cover and design to celebrate each new year. It is a prompted journal that takes you on a journey to reflect on the year you've just been through and then make a plan to design a life you love in the year to come. This is not your average daily journal - it's a planner that asks you to check in every three months to keep you on track with your dreams. Packed full of thoughtful questions and inspirational quotes from great thinkers, this book is the dose of positivity you need. Written by Project Love founders and coaching experts Selina Barker and Vicki Pavitt, who have poured into the guide a combined 20 years of experience, in empowering and helping people all over the world to bring about positive change and

create lives they love. Word Count: 6,084

Learn to Paint & Draw Parragon Book Service Limited 1996-10

How to Write a Book Proposal Michael Larsen 2004-01-15 In this valuable handbook, writers learn how to market the potential of a book idea and effectively communicate that potential in a proposal that publishers will read.

Martha Stewart's Vegetables Editors of Martha Stewart Living 2016 An essential home cook resource for selecting, storing, preparing, and cooking vegetables, with recipes that highlight their flavors and textures, including such dishes as Swiss chard lasagna, asparagus and watercress pizza, and carrot fries.