

Chris Cox.jpg

Christopher R. Cox

The Deadline Effect Christopher Cox,2022-07-12 In the tradition of Charles Duhigg's *The Power of Habit*, a wise and fascinating book that shows us how "we can make deadlines work for us instead of the other way around" (The Wall Street Journal). Perfectionists and procrastinators alike agree—it's natural to dread a deadline. Whether you are completing a masterpiece or just checking off an overwhelming to-do list, the ticking clock signals despair. Christopher Cox knows the panic of the looming deadline all too well—as a magazine editor, he has spent years overseeing writers and journalists who couldn't meet a deadline to save their lives. After putting in a few too many late nights in the newsroom, he became determined to learn the secret of managing deadlines. He set off to observe nine different organizations as they approached a high-pressure deadline. Along the way, Cox made an even greater discovery: these experts didn't just meet their big deadlines—they became more focused, productive, and creative in the process. An entertaining blend of "behavioral science, psychological theory, and academic studies with compelling storytelling and descriptive case studies" (Financial Times), *The Deadline Effect* reveals the time-management strategies these teams used to guarantee success while staying on schedule: a restaurant opening for the first time, a ski resort covering an entire mountain in snow, a farm growing enough lilies in time for Easter, and more. Cox explains how to use deadlines to our advantage, the dynamics of teams and customers, and techniques for using deadlines to make better, more effective decisions.

Chasing the Dragon Christopher R. Cox,2014-05-13 *Chasing the Dragon* is the story of a Boston Herald reporter's journey into Burma/Myanmar to interview the mysterious drug lord, Khun Sa. The features desk of an American newspaper may seem an unlikely launchpad for a journey into one of the world's most remote and dangerous regions, but for journalist Christopher Cox, it was where the story began. It would end nearly three years later in the almost inaccessible mountain fastnesses of Shan State, Burma, as Cox brought off a journalistic coup even hard-bitten foreign correspondents might envy: a rare personal audience with General Khun Sa, the man U.S. law enforcement dubbed The Prince of Death, the man thought to control a third of the world's supply of heroin. Accompanied by an obsessed Vietnam vet who had given up everything in his single-minded search for American POWs left behind in Southeast Asia and an eccentric expat with close personal ties to the general, Cox was going to cross forbidden borders to enter a region long off-limits to Westerners. And armed with little more than a backpack stuffed with vodka, porno tapes, and cigarettes, he was going to succeed. His journey would take him deep into the Golden Triangle, a shadowy zone of banditry, drug smuggling, and the ghost armies of past wars. He would begin in the red-light district of Bangkok, with its sex bars and soaring HIV rates, then head up into northern borderlands newly discovered by package-tour groups, and finally cross a jungled no-man's-land into the world of the Shan, where tough tribesmen trade opium and precious gemstones for the arms they need to fight the Burmese.

A Key West Companion ,1983-11-15 This book serves as a guide to the houses and history and sights of Key West, yet it does so assuming that you have a map and that you are capable of finding your own way around a tiny place where everything is reachable by foot or bicycle.

Ride the Journey Chris Cox,Cynthia McFarland,2008 In *Ride The Journey*, clinician Chris Cox, the 2007 and 2008 The Road to the Horse Champion, tells how to bring your horsemanship skills to new levels of expertise. Chris effectively targets techniques that produce a successful partnership between horse and rider. His no gimmick, no nonsense approach shows you how to put horsemanship theory into practice. Topics covered include groundwork, creating a natural head-set, leg-yielding exercises, collection, simplified lead changes and cattle work. Beautifully photographed by noted equine photographer John Brasseaux, this book will put you on a course to improved horsemanship. 228 pages. Over 200 color photographs.

The Middle Ground T. Christopher Cox,2020-02-22 A style guide for the man who would like to look his best while navigating the business casual, smart casual, and Friday casual dress codes. Written by menswear blogger and wardrobe consultant T. Christopher Cox and illustrated by Dalyn Montgomery, *The Middle Ground* is your key to dressing up while dressing down.

Pricksongs and Descants Robert Coover,2000-01-05 *Pricksongs & Descants*, originally published in 1969, is a virtuoso performance that established its author - already a William Faulkner Award winner for his first novel - as a writer of enduring power and unquestionable brilliance, a promise he has fulfilled over a stellar career. It also began Coover's now-trademark riffs on fairy tales and bedtime stories. In these riotously word-drunk fictional romps, two children follow an old man into the woods, trailing bread crumbs behind and edging helplessly toward a sinister end that never comes; a husband walks toward the bed where his wife awaits his caresses, but by the time he arrives she's been dead three weeks and detectives are pounding down the door; a teenaged babysitter's evening becomes a kaleidoscope of dangerous erotic fantasies-her employer's, her boyfriend's, her own; an aging, humble carpenter marries a beautiful but frigid woman, and after he's waited weeks to consummate their union she announces that God has made her pregnant. Now available in a Grove paperback, *Pricksongs & Descants* is a cornerstone of Robert Coover's remarkable career and a brilliant work by a major American writer.

Sonic Flux Christoph Cox,2018-11-02 From Edison's invention of the phonograph through contemporary field recording and sound installation, artists have become attracted to those domains against which music has always defined itself: noise, silence, and environmental sound. Christoph Cox argues that these developments in the sonic arts are not only aesthetically but also philosophically significant, revealing sound to be a continuous material flow to which human expressions contribute but which precedes and exceeds those expressions. Cox shows how, over the course of the twentieth and twenty-first centuries, philosophers and sonic artists have explored this "sonic flux." Through the philosophical analysis of works by John Cage, Maryanne Amacher, Max Neuhaus, Christian Marclay, and many others, *Sonic Flux* contributes to the development of a materialist metaphysics and poses a challenge to the prevailing positions in cultural theory, proposing a realist and materialist aesthetics able to account not only for sonic art but for artistic production in general.

A Good Death Christopher R. Cox,2013-02-19 Hired by an insurance company to investigate the suspicious suicide of a talented Lao immigrant, down-on-his-luck Boston private investigator Sebastian Damon finds the case leading him halfway around the world to the streets of Bangkok, where he is pitted against police corruption and bureaucracy in life-changing ways. 15,000 first printing.

An Introduction to 5G Christopher Cox,2020-12-14 A comprehensive and approachable introduction to 5G Written by a noted expert on the subject, *An Introduction to 5G: The New Radio, 5G Network and Beyond* offers an introductory system-level guide to 5G. The material covered includes: The use cases and requirements of the 5G system The architecture of the next generation radio access network and the 5G core The principles of radio transmission, millimetre waves and MIMO antennas The architecture and detailed design of the 5G new radio The implementation of HTTP/2 on the service-based interfaces of the 5G core The signalling procedures that govern the end-to-end-operation of the system The new features that are introduced in Releases 16 and 17 *An Introduction to 5G* is written for engineering professionals in mobile telecommunications, for those in non-technical roles such as management, marketing and intellectual property, and for students. It requires no more than a basic understanding of mobile communications, and includes detailed references to the underlying 3GPP specifications for 5G. The book's approach provides a comprehensive, end-to-end overview of the 5G standard, which enables readers to move on with confidence to the more specialized texts and to the specifications themselves.

Meat in a Seat Cox Chris,Andrew Ramon,2013-08-10 A college drop-out becomes an over-the-road trucker with designs on finishing college. Along the way, he loses an 18-wheeler, meets an amnesiac named Squirrel, discovers the time-saving benefit of peeing in Ziploc bags, and finds love.If you've ever thought about driving over-the-road or simply want to vicariously travel the country, this memoir of a four-year journey across America will give you a glimpse into what trucking's like.

Universal Brian Cox,Jeff Forshaw,2017-03-28 An awe-inspiring, unforgettable journey of scientific exploration from Brian Cox and Jeff Forshaw, the international bestselling authors of *Why Does E=MC2?* and *The Quantum Universe*, with 55 black-&-white and 45 full-color pages featuring photographs, diagrams, maps, tables, and graphs We dare to imagine a time before the Big Bang, when the entire universe was compressed into a space smaller than an atom. And now, as Brian Cox and Jeff Forshaw show, we can do more than imagine: we can understand. *Universal* takes us on an epic journey of scientific exploration. It reveals how we can all

come to grips with some of the most fundamental questions about our Earth, Sun, and solar system--and the star-filled galaxies beyond. How big is our solar system? How quickly is space expanding? How big is the universe? What is it made of? Some of these questions can be answered on the basis of observations you can make in your own backyard. Other answers draw on the astonishing information now being gathered by teams of astronomers operating at the frontiers of the known universe. At the heart of all this lies the scientific method. Science reveals a deeper beauty and connects us to each other, to our world, and to our universe. Science reaches out into the unknown. As Universal demonstrates, if we dare to imagine, we can do the same.

My Life As A Small Boy Wally Cox,2016-01-18 This heartwarming funny book provides an idealized depiction of American comedian and actor Wally Cox's childhood. In the author's own words, "Nothing has been left to the imagination. The raw truth about such things as catching colds, geography class, and box tops is laid out in embarrassing detail." "As in the best of books, you are torn between tears and laughter in many places in this gently-written but nevertheless powerful book."—Worcester Telegram

Curious Proviso Robert C. Cox,2019-01-11 Curious Proviso is a book about a common American experience of attending high school. As you read the combined vignettes in this book, think of a generalist's and journalistic approach. Digging deeper became the modus operandi for the author. Asking hard questions and describing the good, the bad, and the ugly are necessary in understanding the complex journey and condition of Proviso. Observations made, lead to changing perspectives on public education, public education policy, and lifelong learning. Other reflections in politics, economics, race and gender relations, popular culture, personal identity, and community development also come into play. In totality it's a people story. Told in a story form, author Robert Cox informs readers about his experiences at Proviso East High School and the over arching negative perception that haunted its reputation. The three-part narrative covers Proviso change over four decades, 1968 to today, and bridging the 20th and 21st centuries. Part One, is part memoir and a part cultural history lesson that includes through interviews, two additional perspectives from a classmate and a teacher who were both there in 1968-1972. Part Two discusses the ramifications of public education under attack, public apathy, hostile media, punitive politics, elections and political machines interference to student focused policies and practices. Cox as a candidate and an elected Board of Education Member describes with candor his 2007-2011 experience with take-aways. Part Three informs about the present condition of Proviso East including the chronicles of a 21st Century 2008 graduate Proviso student and the school's planned reinvention and transformation from a failed system to a valued progressive education institution. Curious Proviso is the closest thing to a Proviso Primer, the informed general public could then use it to breakdown the barriers, find common ground, get supportive, become an advocate for all students, and then navigate the new Proviso East High School. A sustainable model of hope for other American High Schools to learn from and ask questions about.

The Quantum Universe Brian Cox,Jeff Forshaw,2012-01-31 In The Quantum Universe, Brian Cox and Jeff Forshaw approach the world of quantum mechanics in the same way they did in Why Does E=mc2? and make fundamental scientific principles accessible—and fascinating—to everyone. The subatomic realm has a reputation for weirdness, spawning any number of profound misunderstandings, journeys into Eastern mysticism, and woolly pronouncements on the interconnectedness of all things. Cox and Forshaw's contention? There is no need for quantum mechanics to be viewed this way. There is a lot of mileage in the "weirdness" of the quantum world, and it often leads to confusion and, frankly, bad science. The Quantum Universe cuts through the Wu Li and asks what observations of the natural world made it necessary, how it was constructed, and why we are confident that, for all its apparent strangeness, it is a good theory. The quantum mechanics of The Quantum Universe provide a concrete model of nature that is comparable in its essence to Newton's laws of motion, Maxwell's theory of electricity and magnetism, and Einstein's theory of relativity.

A Colony in a Nation Chris Hayes,2017-03-21 New York Times Bestseller New York Times Book Review Editors' Choice An essential and groundbreaking text in the effort to understand how American criminal justice went so badly awry. —Ta-Nehisi Coates, author of Between the World and Me In A Colony in a Nation, New York Times best-selling author and Emmy Award-winning news anchor Chris Hayes upends the national conversation on policing and democracy. Drawing on wide-ranging historical, social, and political analysis, as well as deeply personal experiences with law enforcement, Hayes contends that our country has fractured in two: the Colony and the Nation. In the Nation, the law is venerated. In the Colony, fear and order undermine civil rights. With great empathy, Hayes seeks to understand this systemic divide, examining its ties to racial inequality, the omnipresent threat of guns, and the dangerous and unfortunate results of choices made by fear.

The Enchanted Hour Meghan Cox Gurdon,2019-01-15 A Wall Street Journal writer's conversation-changing look at how reading aloud makes adults and children smarter, happier, healthier, more successful and more closely attached, even as technology pulls in the other direction. A miraculous alchemy occurs when one person reads to another, transforming the simple stuff of a book, a voice, and a bit of time into complex and powerful fuel for the heart, brain, and imagination. Grounded in the latest neuroscience and behavioral research, and drawing widely from literature, The Enchanted Hour explains the dazzling cognitive and social-emotional benefits that await children, whatever their class, nationality or family background. But it's not just about bedtime stories for little kids: Reading aloud consoles, uplifts and invigorates at every age, deepening the intellectual lives and emotional well-being of teenagers and adults, too. Meghan Cox Gurdon argues that this ancient practice is a fast-working antidote to the fractured attention spans, atomized families and unfulfilling ephemera of the tech era, helping to replenish what our devices are leaching away. For everyone, reading aloud engages the mind in complex narratives; for children, it's an irreplaceable gift that builds vocabulary, fosters imagination, and kindles a lifelong appreciation of language, stories and pictures. Bringing together the latest scientific research, practical tips, and reading recommendations, The Enchanted Hour will both charm and galvanize, inspiring readers to share this invaluable, life-altering tradition with the people they love most.

The Edge of Belonging Amanda Cox,2020-09-08 When Ivy Rose returns to her hometown to oversee an estate sale, she soon discovers that her grandmother left behind more than trinkets and photo frames--she provided a path to the truth behind Ivy's adoption. Shocked, Ivy seeks clues to her past, but a key piece to the mystery is missing. Twenty-four years earlier, Harvey James finds an abandoned newborn who gives him a sense of human connection for the first time in his life. His desire to care for the baby runs up against the stark fact that he is homeless. When he becomes entwined with two people seeking to help him find his way, Harvey knows he must keep the baby a secret or risk losing the only person he's ever loved. In this dual-time story from debut novelist Amanda Cox, the truth--both the search for it and the desire to keep it from others--takes center stage as Ivy and Harvey grapple with love, loss, and letting go.

WAC and Second Language Writers Terry Myers Zawacki,Michelle Cox,2014-05-14 Editors and contributors pursue the ambitious goal of including within WAC theory, research, and practice the differing perspectives, educational experiences, and voices of second-language writers. The chapters within this collection not only report new research but also share a wealth of pedagogical, curricular, and programmatic practices relevant to second-language writers. Representing a range of institutional perspectives—including those of students and faculty at public universities, community colleges, liberal arts colleges, and English-language schools—and a diverse set of geographical and cultural contexts, the editors and contributors report on work taking place in the United States, Asia, Europe, and the Middle East.

Improvise Freely Patti Stiles,2021-06-25 Improvisation is an art of spontaneity, freedom and impulse. Audiences the world over flock to shows where anything could happen! But lurking at the heart of many companies that perform it is a contradiction, a bait and switch. Students who sign up for classes are taught 'The Rules': the strictly right and wrong way to play make-believe. How the hell did that happen?Patti Stiles is an actor, improviser, director, teacher and playwright who has worked professionally in theatre since 1983. In Improvise Freely, she turns 'The Rules' of improvising on their head and shows that there is another way. Is it okay to ask questions? Why do we Who? What? Where? And what if it's time to say 'No thanks' to 'Yes And'?

Beyond Text? Cox Rupert,Senior Lecturer in Social Anthropology at the Granada Centre for Visual Anthropology Rupert Cox,Andrew Irving,Senior Lecturer in Social Anthropology and Director of the Granada Centre for

Visual Anthropology Andrew Irving,Christopher Wright,Wright Christopher,2016-03-01 Beyond Text: Critical Practices and Sensory Anthropology addresses a series of questions concerning the relationship between anthropological understandings of the world, sensory perception and aesthetic practices. The book suggests that if different sensory experiences embody and facilitate different kinds of knowledge, then we need to develop new methods and more appropriate forms of representation that are not based solely around text or on correspondence theories of truth. As such, Beyond Text: Critical Practices and Sensory Anthropology brings together leading figures in anthropology, visual, sound and film studies to explore how knowledge, sensation and embodied experiences can be researched and represented by combining different visual, aural, and textual forms - for example text and image, image and sound, body and voice. What we ask is the relationship between the interiority of a person's experience and its exteriority that is present to the eye, the ear and other sense organs that make the experience 'open' to anthropological forms of documentation, theorisation and representation? We argue that there is a necessary, critical development in our ways of knowing that must take place not merely at the level of theory and representation but also through innovative fieldwork methods and media practices. The collected papers and audio-visual materials presented on a DVD, explore the potential for a more sensorially-grounded, critically aware and creative approach to cultural analysis, media production and field research.

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