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**Leanne R. Cianfrini,Elizabeth J. Richardson,Daniel
Doleys**

Gundam Sentinel Masaya Takahashi, 2015-07-17

Pain Psychology for Clinicians Leanne R.

Cianfrini, Elizabeth J. Richardson, Daniel Doleys, 2021 Pain Psychology for Clinicians equips the general medical provider with core psychological and communication strategies to implement in their care of patients with chronic pain. Given the opioid crisis and its intersection with adequate chronic pain management, there is increasing focus to assist the patient with self-management of their pain through the use of interdisciplinary modalities. However, despite the evidence base for efficacy, pain psychology remains largely relegated to formal interdisciplinary outpatient programs or referral-based private practice settings that may not be locally available in a provider's community. This book will present how to briefly and effectively incorporate key concepts from Cognitive-Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), Motivational Interviewing (MI) and other orientations into any health care setting in order to lessen the frustration of both the patient and provider. Dialogues and vignettes will demonstrate how the provider can use these strategies to foster positive clinical outcomes in difficult contexts, such as patients who are non-compliant or avoidant, over-reliant on the physician, misusing opioids, depressed or suicidal, angry, or anxious. With the use of these strategies, the provider will garner confidence and enhance the overall atmosphere of clinical practice when assisting patients with chronic pain--

Labor Economics Kenneth J. McLaughlin, 2018

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