Podcast&sortw

Lewis Howes

The Bible Recap Tara-Leigh Cobble,2020-11-03 Have you ever closed your Bible and thought, What did I just read? Whether you're brand-new to the Bible or you grew up in the second pew, reading Scripture can feel confusing or boring at times. Understanding it well seems to require reading it thoroughly (and even repeatedly), but who wants to read something they don't understand? If you've ever wanted to read through the Bible or even just wanted to want to read it, The Bible Recap is here to help. Following a chronological Bible reading plan, these recaps explain and connect the story of Scripture, section by section. Soon you'll see yourself as a child of God who knows and loves His Word in the ways you've always hoped for. You don't have to go to seminary. You don't need a special Bible. Just start reading this book alongside your Bible and see what God has to say about Himself in the story He's telling. Tara-Leigh gets me excited to read the Bible. Period. I have found a trusted guide to walk me into deeper understanding of the Scriptures.—MICHAEL DEAN MCDONALD, the Bible Project

Man Enough Justin Baldoni,2021-04-27 A GRIPPING, FEARLESS EXPLORATION OF MASCULINITY The effects of traditionally defined masculinity have become one of the most prevalent social issues of our time. In this engaging and provocative new book, beloved actor, director, and social activist Justin Baldoni reflects on his own struggles with masculinity. With insight and honesty, he explores a range of difficult, sometimes uncomfortable topics including strength and vulnerability, relationships and marriage, body image, sex and sexuality, racial justice, gender equality, and fatherhood. Writing from experience, Justin invites us to move beyond the scripts we've learned since childhood and the roles we are expected to play. He challenges men to be brave enough to be vulnerable, to be strong enough to be sensitive, to be confident enough to listen. Encouraging men to dig deep within themselves, Justin helps us reimagine what it means to be man enough and in the process what it means to be human.

Goodbye, Vitamin Rachel Khong,2017-07-11 Named a Best Book of the Year by NPR, O, The Oprah Magazine, Vogue, San Francisco Chronicle, Esquire, Huffington Post, Nylon, Entertainment Weekly, Buzzfeed, Booklist, and The Independent Winner of the California Book Award for First Fiction Los Angeles Times Book Prize Finalist for First Fiction A quietly brilliant disquisition . . . told in prose that is so startling in its spare beauty that I found myself thinking about Khong's turns of phrase for days after I finished reading.—Doree Shafrir, The New York Times Book Review One of those rare books that is both devastating and light-hearted, heartful and joyful. . . . Don't miss it.—Buzzfeed Hello, Rachel Khong. Kudos for this delectable take on familial devotion and dementia.—NPR Her life at a crossroads, a young woman goes home again in this funny and inescapably moving debut from a wonderfully original new literary voice. Freshly disengaged from her fiancé and feeling that life has not turned out quite the way she planned, thirty-year-old Ruth quits her job, leaves town and arrives at her parents' home to find that situation more complicated than she'd realized. Her father, a prominent history professor, is losing his memory and is only erratically lucid. Ruth's mother, meanwhile, is lucidly erratic. But as Ruth's father's condition intensifies, the comedy in her situation takes hold, gently transforming her all her grief. Told in captivating glimpses and drawn from a deep well of insight, humor, and unexpected tenderness, Goodbye, Vitamin pilots through the loss, love, and absurdity of finding one's footing in this life.

Think Like a Monk Jay Shetty, 2020-09-08 Jay Shetty, social media superstar and host of the #1 podcast On Purpose, distills the timeless wisdom he learned as a monk into practical steps anyone can take every day to live a less anxious, more meaningful life. When you think like a monk, you'll understand: -How to overcome negativity -How to stop overthinking -Why comparison kills love -How to use your fear -Why you can't find happiness by looking for it -How to learn from everyone you meet -Why you are not your thoughts -How to find your purpose -Why kindness is crucial to success -And much more... Shetty grew up in a family where you could become one of three things—a doctor, a lawyer, or a failure. His family was convinced he had chosen option three: instead of attending his college graduation ceremony, he headed to India to become a monk, to meditate every day for four to eight hours, and devote his life to helping others. After three years, one of his teachers told him that he would have more impact on the world if he left the monk's path to share his experience and wisdom with others. Heavily in debt, and with no recognizable skills on his rellsumell, he moved back home in north London with his parents. Shetty reconnected with old school friends—many working for some of the world's largest corporations—who were experiencing tremendous stress, pressure, and unhappiness, and they invited Shetty to coach them on well-being, purpose, and mindfulness. Since then, Shetty has become one of the world's most popular influencers. In 2017, he was named in the Forbes magazine 30-under-30 for being a game-changer in the world of media. In 2018, he had the #1 video on Facebook with over 360 million views. His social media following totals over 38 million, he has produced over 400 viral videos which have amassed more than 8 billion views, and his podcast, On Purpose, is consistently ranked the world's #1 Health and Wellness podcast. In this inspiring, empowering book, Shetty draws on his time as a monk to show us how we ca

reduce stress, improve relationships, and give the gifts we find in ourselves to the world. Shetty proves that everyone can—and should—think like a monk.

A Quilting Life Sherri McConnell,2013-02-12 "With its diverse selection of fabrics and designs, A Quilting Life is a fine pick for any quilter looking to produce family-oriented keepsake results." —The Needlecraft Shelf Bring the handmade tradition home with these charming quilts and home accessories. Inspired by a grandmother who loved to sew for her family, quilter and blogger Sherri McConnell gives traditional patterns like hexagons, stars, snowballs, and Dresden Plates a new look featuring fabrics by some of today's most popular designers. Nineteen cozy projects include pillows, tote bags, table runners, and larger quilts—quick and easy designs that make great gifts. "Sherri's book is a treasure! It's full of fun and straight-forward patterns for quilts, table toppers, pillows, bags and more—all the goodies to make a cozy home." —Thimbleanna "Would you like the opportunity to make tomorrow's heirlooms in today's vast selection of prints? . . . If so, this could be the reference book that will get you started. There are 19 projects, mainly focusing on handmade household items but including some larger quilts too." —Fabrications Quilting for You "Beautiful inspiration if you are a seasoned quilter, but also a great resource with clear and in some cases, simple patterns for newbies as well." —Diary of a Quilter "Color photos of finished needlework projects accompany step-by-step diagrams and assembly patterns, while at-a-glance sidebars covering materials and cutting allow needleworkers to gauge the complexity of each project." —The Needlecraft Shelf

Two Minute Mornings ,2017

Stuff You Should Know Josh Clark, Chuck Bryant, 2020-11-24 From the duo behind the massively successful and award-winning podcast Stuff You Should Know comes an unexpected look at things you thought you knew. Josh Clark and Chuck Bryant started the podcast Stuff You Should Know back in 2008 because they were curious—curious about the world around them, curious about what they might have missed in their formal educations, and curious to dig deeper on stuff they thought they understood. As it turns out, they aren't the only curious ones. They've since amassed a rabid fan base, making Stuff You Should Know one of the most popular podcasts in the world. Armed with their inquisitive natures and a passion for sharing, they uncover the weird, fascinating, delightful, or unexpected elements of a wide variety of topics. The pair have now taken their near-boundless whys and hows from your earbuds to the pages of a book for the first time—featuring a completely new array of subjects that they've long wondered about and wanted to explore. Each chapter is further embellished with snappy visual material to allow for rabbit-hole tangents and digressions—including charts, illustrations, sidebars, and footnotes. Follow along as the two dig into the underlying stories of everything from the origin of Murphy beds, to the history of facial hair, to the psychology of being lost. Have you ever wondered about the world around you, and wished to see the magic in everyday things? Come get curious with Stuff You Should Know. With Josh and Chuck as your guide, there's something interesting about everything (...except maybe jackhammers).

Stop Missing Your Life Cory Muscara,2019-12-31 Many of us live on autopilot, often so guarded that we don't experience the richness that life has to offer-so how can we find real happiness amid the chaos, so we don't reach the end of our life and feel like we missed it? In Stop Missing Your Life, mindfulness teacher Cory Muscara takes us on a journey into the heart of what is required for real change, growth, and happiness. He exposes how the phrase be present has become little more than a platitude, imbued with the misguided message to be present just for the sake of being present, and reveals how to achieve true Presence: a quality of being that is unmistakably attractive about a person, and one that only comes when we've peeled back the layers of guarding that prevent us from being our full, honest, and integrated selves in the world. Muscara shows how we build internal walls, what he describes as a Pain Box inhibiting us from living a deeply connected and meaningful life. He offers a four-part FACE model (Focus, Allow, Curiosity, and Embodiment) that helps chip away at those walls and builds our capacity to experience the richness of our lives Stop Missing Your Life ultimately teaches how we can find peace in the chaos and become better people for our families, our communities, and our world.

That Sounds Fun Annie F. Downs, 2021-02-02 A New York Times Bestseller! We know there are certain things we must have to survive—food, shelter, and safety to name a few. But there are also aspects of life that truly allow us to be joyful and fulfilled. For popular podcaster and bestselling author Annie F. Downs, fun is close to the top of that list. Few would argue that having fun doesn't enrich our lives, but so much gets in the way of prioritizing it. Tough days, busyness, and feelings that are hard to talk about keep us from the fun that's out there waiting to be found. With That Sounds Fun, Annie offers an irresistible invitation to understand the meaning of fun, to embrace it and chase it, and to figure out what, exactly, sounds fun to you—then do it! Exploring some research and sharing some thoughts behind why fun matters, she shows you how to find, experience, and multiply your fun. With her signature storytelling style and whimsical vulnerability, Annie is the friend we all need to guide us back to staying true to ourselves and finding the fun we need.

The Way I Heard It Mike Rowe,2019-10-15 In this New York Times bestselling must-read, executive producer and host of Dirty Jobs Mike Rowe presents a delightfully entertaining, seriously fascinating collection of his favorite episodes from America's #1 short-form podcast, The Way I Heard It, along with a host of personal memories, ruminations, and insights that will leave you captivated. The Way I Heard It presents thirty-five mysteries

"for the curious mind with a short attention span." Every one is a trueish tale about someone you know, filled with facts that you don't. Movie stars, presidents, bloody do-gooders, and villains—they're all here, waiting to shake your hand, hoping you'll remember them. Delivered with Mike's signature blend of charm, wit, and ingenuity, their stories are part of a larger mosaic—a memoir full of surprising revelations, sharp observations, and intimate, behind-the-scenes moments drawn from Mike's own remarkable life and career.

The School of Greatness Lewis Howes,2015-10-27 When a career-ending injury left elite athlete and professional football player Lewis Howes out of work and living on his sister's couch, he decided he needed to make a change for the better. He started by reaching out to people he admired, searching for mentors, and applying his past coaches' advice from sports to life off the field. Lewis did more than bounce back: He built a multimillion-dollar online business and is now a sought-after business coach, speaker, and podcast host. In The School of Greatness, Howes shares the essential tips and habits he gathered in interviewing "the greats" on his wildly popular podcast of the same name. In discussion with people like Olympic gold medalist Shawn Johnson and Pencils of Promise CEO Adam Braun, Howes figured out that greatness is unearthed and cultivated from within. The masters of greatness are not successful because they got lucky or are innately more talented, but because they applied specific habits and tools to embrace and overcome adversity in their lives. A framework for personal development, The School of Greatness gives you the tools, knowledge, and actionable resources you need to reach your potential. Howes anchors each chapter with a specific lesson he culled from his greatness "professors" and his own experiences to teach you how to create a vision, develop hustle, and use dedication, mindfulness, joy, and love to reach goals. His lessons and practical exercises prove that anyone is capable of achieving success and that we can all strive for greatness in our everyday lives.

The Indy Author's Guide to Podcasting for Authors Matty Dalrymple, 2020-10-31 If you are an author who is thinking of launching a podcast ... if you are an author who has started a podcast and is struggling to keep it afloat ... if you are an author on the brink of "podfading" and losing the hard-won benefits you can gain from this popular and intimate format -- then this book is for you. Matty Dalrymple, The Indy Author, shares her learnings from her years hosting and producing The Indy Author Podcast. Tapping nautical metaphors to explore the stages of creating a podcast, this book will guide you through determining your destination, preparing for your voyage, and setting sail. Matty discusses the benefits podcasting offers to authors specifically, and the specific challenges authors might need to overcome to succeed in this medium. Questions posed at the end of each chapter prompt insights to be captured in your own Captain's Log, enabling you to note progress, acknowledge mistakes, and celebrate successes on your voyage. This is not merely a manual of technical requirements, although those are covered at a high level in the book and in more detail at The Indy Author website. This is a foundational resource you can pick up again and again, one that will serve as your guide as you steer your podcast through its voyage and, when a course correction is needed, will provide the strategies and tactics you need to adjust your bearing. The Indy Author's Guide to Podcasting for Authors covers: The Podcasting Voyage · Why Podcasting ... and Why for Authors? Determining Your Destination · Determining Your Destination · Introduction · Establishing Connections with Guests · Building Community with Listeners · Creating Direct Income with Your Podcast · Creating Indirect Income with Your Podcast · Creating Indirect Income with Your Podcast · Creating Your Schedule · Choosing Your Popica · Choosing Your Livery (a.k.a. Branding) · Choosing the Tech Setting Sail · Introduction · Lining up Guests · Preparing for the Episode ·

Leading from the Library Shannon McClintock Miller, William Bass, 2019 Written by a seasoned librarian and an education leader, this book guides librarians in becoming leaders in their school communities, with strategies on developing partnerships, empowering students and more. The modern school library supports education in a variety of ways. One essential role librarians play is that of a leader who works collaboratively to build relationships, mold culture and climate, and advocate for the needs of students and the community. In this book, a librarian and an education leader team up to reflect on the librarian's ability to build connections in two ways. First, they discuss the benefits of bringing the outside world into the library through the use of social media, videoconferencing and other tools that allow librarians to partner with others. Then they expand upon these connections by addressing how librarians can lead in the greater educational community by sharing resources and strategies, and partnering with school leaders to tell the story of the school community. This book will: •

Highlight the potential of librarians to empower their students, their schools and their communities, and be learning leaders in the digital age. • Include stories of partnerships – from librarians and administrators – illustrating how they can collaborate to create change by harnessing the influence of the school library program to enhance the educational experience. • Explore how librarians serve as mentors to their students, delving into many topics that define digital age literacy, including the librarian's role in reading advocacy, information validity, digital citizenship and research. • Make direct connections to the ISTE Standards for Students, Educators and

Education Leaders in each chapter. Through this book, librarians will discover the influence they can have on the school community as the library becomes the heart of the school, a place where problems are solved, content is explored, connections are made and discovery happens.

Open and Relational Theology Thomas Jay Oord,2021-07 Most theologies suck. They're too technical or they describe a God nobody understands. Sometimes the God portrayed sounds like a controlling boyfriend or absentee parent. Rather than woo or persuade, most theology books clobber readers into submission. This book is different. Thomas Jay Oord presents a theology that makes sense. It fits the way we live our lives and matches our deepest intuitions. To the surprise of some, it harmonizes with sacred scripture... at least the good parts. And it promotes a genuinely loving God. Open and relational theology is controversial. Oord and others have lost their jobs because they embrace it. Others have been booted from religious communities or shunned by families and friends. It's that radical! This way of thinking is life-changing - for good - for so many. This theology doesn't suck. People around the world are turning to open and relational theology. It answers our biggest questions about good and evil, purpose and freedom, love and science. Timely! - Cody Stauffer & Craig Morton, All That's Holy Podcast Cosmic! - Pete Enns & Jared Byas, Bible For Normal People Podcast Conceptual! - Seth Price, Can I Say This in Church? Podcast Inspirited! - Jay McDaniel, Conversations in Process Podcast Clear! -Joe Smith and Drew Dunbar, Crisis of Faith Podcast Radical! - Shaleen Kendrick & Holland Fields, Desert Voices Podcast Prodigious! - John Williamson, Deconstructionists Podcast Relieving! - Joey Monteleone, Dismantle Podcast Compelling! - Loren Richmond Jr, Future Christian Podcast Liberating! - Melanie Mudge & Gary Alan Taylor, Holy Heretics Podcast Magnificent! - Tripp Fuller, Homebrewed Christianity Podcast Enlivening! - Michael Frost, In the Shift Podcast Tantalizing! - Jim Stump, Language of God Podcast Captivating! - Jason Elam, Messy Spirituality Podcast Thought-Provoking! - Gabriel Gordon, Misfits Theology Podcast Interrogating! - Todd Littleton, Patheological Podcast Exceptional! - Keith Giles, Peace Catalyst Podcast

Outer Order, Inner Calm Gretchen Rubin,2019-03-05 NEW YORK TIMES BESTSELLER • In this lovely, easy-to-use illustrated guide to decluttering, the beloved author of The Happiness Project shows us how to take control of our stuff—and, by extension, our lives. Gretchen Rubin knows firsthand that creating order can make our lives happier, healthier, more productive, and more creative. But for most of us, a rigid, one-size-fits-all solution doesn't work. When we tailor our approach to suit our own particular challenges and habits, we can find inner calm. With a sense of fun, and a clear idea of what's realistic for most people, Rubin suggests dozens of manageable tips and tricks for creating a more serene, orderly environment, including: • Never label anything "miscellaneous." • Ask yourself, "Do I need more than one?" • Don't aim for minimalism. • Remember: If you can't retrieve it, you won't use it. • Stay current with a child's interests. • Beware the urge to "procrasticlear." By getting rid of things we don't use, don't need, or don't love, we free our minds (and our shelves) for what we truly value.

Owning Bipolar Michael G. Pipich,2018-09-25 "Essential reading, not only for the person learning to own their bipolar, but for the support system members and treatment providers walking alongside them in their journey to hope and healing." —Sally Spencer-Thomas, PsyD, president United Suicide Survivor's International Knowledge is power, and grasping the basics of bipolar disorder can give you the power you need to detect it, accept it, and own the responsibility for treatment and lifelong disease management. With its three-phase approach, Owning Bipolar can help you and your loved ones become experts at an illness that has called the shots in your life for too long. Now it's time for you to take control. The Pre-stabilization phase and recognition: confronting the causes of bipolar and the effects, including depression, anxiety, loss of energy, avoidance of responsibilities, and suicidal thoughts The Stabilization phase and acting on it: starting effective medication, accepting the disease, and treating different types of bipolar The Post-stabilization phase and living with it: undertaking long-term maintenance, accepting your new identity, and coming to terms with your responsibilities, and the responsibilities of your caregivers Accessible and encouraging, and accented with empathetic first-hand stories from people who share the disorder, this book is a vital companion for readers to help them understand, treat, and live successfully with bipolar. "Will provide clarity and understanding to a seemingly complex and confusing psychiatric condition." —David B. Weiss, MD, FAPA

ICT Infrastructure and Computing Milan Tuba, Shyam Akashe, Amit Joshi, 2022-11-07 This book proposes new technologies and discusses future solutions for ICT design infrastructures, as reflected in high-quality papers

presented at the 7th International Conference on ICT for Sustainable Development (ICT4SD 2022), held in Goa, India, on 29–30 July 2022. The book covers the topics such as big data and data mining, data fusion, IoT programming toolkits and frameworks, green communication systems and network, use of ICT in smart cities, sensor networks and embedded system, network and information security, wireless and optical networks, security, trust, and privacy, routing and control protocols, cognitive radio and networks, and natural language processing. Bringing together experts from different countries, the book explores a range of central issues from an international perspective.

Unlocking the Secrets of Prompt Engineering Gilbert Mizrahi,2024-01-12 Enhance your writing with AI by mastering prompt engineering techniques and become an expert in developing and utilizing LLM prompts across applications Key Features Master prompt engineering techniques to harness AI's writing potential Discover diverse LLM applications for content creation and beyond Learn through practical examples, use cases, and handson guidance Purchase of the print or Kindle book includes a free PDF eBook Book DescriptionUnlocking the Secrets of Prompt Engineering is your key to mastering the art of AI-driven writing. This book propels you into the world of large language models (LLMs), empowering you to create and apply prompts effectively for diverse applications, from revolutionizing content creation and chatbots to coding assistance. Starting with the fundamentals of prompt engineering, this guide provides a solid foundation in LLM prompts, their components, and applications. Through practical examples and use cases, you'll discover how LLMs can be used for generating product descriptions, personalized emails, social media posts, and even creative writing projects like fiction and poetry. The book covers advanced use cases such as creating and promoting podcasts, integrating LLMs with other tools, and using AI for chatbot development. But that's not all. You'll also delve into the ethical considerations, best practices, and limitations of using LLM prompts as you experiment and optimize your approach for best results. By the end of this book, you'll have unlocked the full potential of AI in writing and content creation to generate ideas, overcome writer's block, boost productivity, and improve communication skills. What you will learn Explore the different types of prompts, their strengths, and weaknesses Understand the AI agent's knowledge and mental model Enhance your creative writing with AI insights for fiction and poetry Develop advanced skills in AI chatbot creation and deployment Discover how AI will transfo

Young House Love Sherry Petersik, John Petersik, 2015-07-14 This New York Times bestselling book is filled with hundreds of fun, deceptively simple, budget-friendly ideas for sprucing up your home. With two home renovations under their (tool) belts and millions of hits per month on their blog YoungHouseLove.com, Sherry and John Petersik are home-improvement enthusiasts primed to pass on a slew of projects, tricks, and techniques to do-it-yourselfers of all levels. Packed with 243 tips and ideas—both classic and unexpected—and more than 400 photographs and illustrations, this is a book that readers will return to again and again for the creative projects and easy-to-follow instructions in the relatable voice the Petersiks are known for. Learn to trick out a thrift-store mirror, spice up plain old roller shades, hack your lkea table to create three distinct looks, and so much more.

RedHanded Suruthi Bala, Hannah Maguire, 2021-09-14 2021 Listeners' Choice British Podcast Awards Winner What is it about killers, cult leaders, cannibals, cults, and criminals that capture our imaginations even as they terrify and disturb us? How do we responsibly consume these kinds of stories as entertainment, and more importantly, what can we learn from them? RedHanded rejects the narrative of killers as monsters and that a victim was in the wrong place at the wrong time, and instead tells the stories we want to hear in a way that challenges perceptions and asks the hard questions about society, gender, poverty, culture, and even our politics. After meeting at a party in London where they both discovered they listened to the same murder podcasts, Hannah Maguire and Suruthi Bala drunkenly promised to one day start their own true crime podcast together and the rest is history. From the hosts of the hit true crime podcast RedHanded (dubbed by Rick & Morty creator Dan Harmon as the best true crime podcast I've heard, ever), Hannah Maguire and Suruthi Bala have amassed a cult following of spooky bitches amounting to an incredibly strong 63k downloads per episode and 728k backlist downloads every month in the US alone. With candor, humor, interviews with experts, research on real-life cases, and an unflinching dissection of what makes a killer tick, Bala and Maguire take us through the societal, behavioral, and cultural phenomena that make victims -- and their murderers -- our collective responsibility and to find out once and for all: what makes a killer tick?

Immerse yourself in heartwarming tales of love and emotion with Crafted by is touching creation, **Podcast&sortw**. This emotionally charged ebook, available for download in a PDF format (PDF Size: *), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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