Simon Amstell

Richard Ayoade

Help Simon Amstell,2017-09-21 'A beautiful and clever book about being human' Russell Brand COMEDY. TRAGEDY. THERAPY. Simon Amstell did his first stand-up gig at the age of thirteen. His parents had just divorced and puberty was confusing. Trying to be funny solved everything. HELP is the hilarious and heartbreaking account of Simon's ongoing compulsion to reveal his entire self on stage. To tell the truth so it can't hurt him any more. Loneliness, anxiety, depression – this book has it all. And more. From a complicated childhood in Essex to an Ayahuasca-led epiphany in the Amazon rainforest, this story will make you laugh, cry and then feel happier than you've ever been.

Recovery Russell Brand,2017-10-03 A guide to all kinds of addiction from a star who has struggled with heroin, alcohol, sex, fame, food and eBay, that will help addicts and their loved ones make the first steps into recovery "This manual for self-realization comes not from a mountain but from the mud...My qualification is not that I am better than you but I am worse." —Russell Brand With a rare mix of honesty, humor, and compassion, comedian and movie star Russell Brand mines his own wild story and shares the advice and wisdom he has gained through his fourteen years of recovery. Brand speaks to those suffering along the full spectrum of addiction—from drugs, alcohol, caffeine, and sugar addictions to addictions to work, stress, bad relationships, digital media, and fame. Brand understands that addiction can take many shapes and sizes and how the process of staying clean, sane, and unhooked is a daily activity. He believes that the question is not "Why are you addicted?" but What pain is your addiction masking? Why are you running—into the wrong job, the wrong life, the wrong person's arms? Russell has been in all the twelve-step fellowships going, he's started his own men's group, he's a therapy regular and a practiced yogi—and while he's worked on this material as part of his comedy and previous bestsellers, he's never before shared the tools that really took him out of it, that keep him clean and clear. Here he provides not only a recovery plan, but an attempt to make sense of the ailing world.

Delicacy Katy Wix,2022-01-27

Featherhood Charlie Gilmour,2021-01-05 "I loved every single page." —Elton John "The best piece of nature writing since H is for Hawk." —Neil Gaiman In this moving, critically acclaimed memoir, a young man saves a baby magpie as his estranged father is dying, only to find that caring for the mischievous bird saves him. One spring day, a baby magpie falls out of its nest and into Charlie Gilmour's hands. Magpies, he soon discovers, are as

clever and mischievous as monkeys. They are also notorious thieves, and this one quickly steals his heart. By the time the creature develops shiny black feathers that inspire the name Benzene, Charlie and the bird have forged an unbreakable bond. While caring for Benzene, Charlie learns his biological father, an eccentric British poet named Heathcote Williams who vanished when Charlie was six months old, is ill. As he grapples with Heathcote's abandonment, Charlie comes across one of his poems, in which Heathcote describes how an impish young jackdaw fell from its nest and captured his affection. Over time, Benzene helps Charlie unravel his fears about repeating the past—and embrace the role of father himself. A bird falls, a father dies, a child is born. Featherhood is the unforgettable story of a love affair between a man and a bird. It is also a beautiful and affecting memoir about childhood and parenthood, captivity and freedom, grief and love.

A Class of Their Own Matt Knott,2023-02-02 'A hilarious account of life with the children of the super rich...well written...and very funny indeed' - BOOK OF THE WEEK Daily Mail 'A hilarious, behind-the-scenes memoir of the mad world of the very rich' Daily Telegraph 'Very funny...the book bursts with butlers, helicopters and Damien Hirsts' The Times 'There are so many laughs in this book, you almost forget how upsetting capitalism is' Simon Amstell A naked Russian oligarch is spanking me in his basement. His weapon is a birch branch, the setting his luxurious home sauna. Above us is 30,000 square feet of one of Moscow's most obscene private homes, an original Damien Hirst above the fireplace, a vacuum cleaning system built into the skirting boards. Invisible speakers serenade us with a desolate pan pipe cover of 'Bridge Over Troubled Water'. A light display rotates kaleidoscopically, illuminating the oligarch's genitals in a variety of unexpected hues. Everyone is silent. Then the oligarch's son Nikita looks at me with a mysterious smile. 'Now my mother will bring us honey.' Matt Knott spent over a decade traveling the globe as a private tutor. He has taught Shakespeare in Moscow, times tables in Tuscany, and is still trying to figure out how to explain long division. With brilliant honesty and wit, he takes us inside a world most of us only glimpse speeding past in a luxury SUV. Unfolding across four continents and featuring a colourful cast of butlers, billionaires and yummy mummies, this is a hilarious and touching chronicle of an unforgettable time.

Lost Connections Johann Hari,2020-11-12 THE INTERNATIONAL BESTSELLER: A radically new way of thinking about depression and anxiety 'A book that could actually make us happy' SIMON AMSTELL 'This amazing book will change your life' ELTON JOHN 'One of the most important texts of recent years' BRITISH JOURNAL OF GENERAL PRACTICE 'Brilliant, stimulating, radical' MATT HAIG 'The more people read this book, the better off

the world will be' NAOMI KLEIN 'Wonderful' HILLARY CLINTON 'Eye-opening' GUARDIAN 'Brilliant for anyone wanting a better understanding of mental health' ZOE BALL 'A game-changer' DAVINA MCCALL 'Extraordinary' DR MAX PEMBERTON Depression and anxiety are now at epidemic levels. Why? Across the world, scientists have uncovered evidence for nine different causes. Some are in our biology, but most are in the way we are living today. Lost Connections offers a radical new way of thinking about this crisis. It shows that once we understand the real causes, we can begin to turn to pioneering new solutions – ones that offer real hope.

It's Not OK to Feel Blue (and other lies) Scarlett Curtis, 2019-10-03 'This is the freshest, most honest collection of writings about mental health that I've read...searing wit, blinding passion, bleeding emotion and a fantastic, heroic, glorious refusal to lie down and take it' - Stephen Fry 'Reading this book made me feel more normal about the things I feel sometimes...It's a great book; however you're feeling, it'll help' - Ed Sheeran 'This is the book I needed when I was little. May this be a leap forward in the much needed conversation around mental health' - Jameela Jamil Everyone has a mental health. So we asked: What does yours mean to you? THE RESULT IS EXTRAORDINARY. Over 60 people have shared their stories. Powerful, funny, moving, this book is here to tell you: It's OK. With writing from: Adam Kay - Alastair Campbell - Alexis Caught - Ben Platt - Bryony Gordon - Candice Carty-Williams - Charlie Mackesy - Charly Cox - Chidera Eggerue - Claire Stancliffe - Davina McCall - Dawn O'Porter - Elizabeth Day - Elizabeth Uviebinené - Ella Purnell - Emilia Clarke - Emma Thompson - Eve Delaney - Fearne Cotton - Gabby Edlin - Gemma Styles - GIRLI (Milly Toomey) -Grace Beverley - Hannah Witton - Honey Ross - Hussain Manawer - Jack Rooke - James Blake - Jamie Flook - Jamie Windust - Jessie Cave - Jo Irwin - Jonah Freud - Jonny Benjamin - Jordan Stephens - Kai-Isaiah Jamal - Kate Weinberg - Kelechi Okafor - Khalil Aldabbas - KUCHENGA - Lauren Mahon - Lena Dunham - Maggie Matic - Martha Lane Fox - Mathew Kollamkulam - Matt Haig - Megan Crabbe - Michael Kitching - Michael Elman -Miranda Hart - Mitch Price - Mona Chalabi - Montana Brown - Nadia Craddock - Naomi Campbell - Poorna Bell - Poppy Jamie - Reggie Yates - Ripley Parker - Robert Kazandjian - Rosa Mercuriadis - Saba Asif - Sam Smith - Scarlett Curtis - Scarlett Moffatt - Scottee - Sharon Chalkin Feldstein -Shonagh Marie - Simon Amstell - Steve Ali - Tanya Byron - Travon Free - Yomi Adegoke - Yusuf Al Majarhi

Tender Is the Flesh Agustina Bazterrica, 2020-08-04 Working at the local processing plant, Marcos is in the business of slaughtering humans—though no one calls them that anymore. His wife has left him, his father is sinking into dementia, and Marcos tries not to think too hard about how he makes a

living. After all, it happened so quickly. First, it was reported that an infectious virus has made all animal meat poisonous to humans. Then governments initiated the "Transition." Now, eating human meat—"special meat"—is legal. Marcos tries to stick to numbers, consignments, processing. Then one day he's given a gift: a live specimen of the finest quality. Though he's aware that any form of personal contact is forbidden on pain of death, little by little he starts to treat her like a human being. And soon, he becomes tortured by what has been lost—and what might still be saved.

Life as a Unicorn: A Journey from Shame to Pride and Everything in Between Amrou Al-Kadhi,2020-06-09 A heart-breaking and hilarious memoir about the author's fight to be true to themself WINNER OF THE POLARI FIRST BOOK PRIZE 2020 WINNER OF A SOMERSET MAUGHAM AWARD He Used Thought as a Wife Tim Key,2021-02-18 In March, Tim Key got locked down, found an orange pen and started writing poems. Then he started writing down his conversations. Zoom, phone, yelled heart-to-hearts from kitchen window to pavement. This book is the result. A paperback account of one man's experience of the most peculiar moment in our recent history--Publisher's description.

Feminists Don't Wear Pink (and Other Lies) Scarlett Curtis,2020 We asked 52 women: what does Feminist mean to you? Here are their responses. Curated by journalist and activist Scarlett Curtis, with pieces by Emma Watson - Zoe Sugg - Keira Knightley - Gemma Arterton - Bridget Jones (by Helen Fielding) - Saoirse Ronan - Liv Little - Dolly Alderton and more.

Focus On: 100 Most Popular English Male Comedians Wikipedia contributors,

We Need to Talk About . . . Kevin Bridges Kevin Bridges,2014-10-09 The comic autobiography of 2014 A comedian's autobiography? I wonder if he's ever used humour to deflect from his insecurities? To avoid being bullied? Is there heartache behind the humour? I wonder if he's a manic-depressive? Tears of a clown? Yes, all of that. Discover the hilarious life-story of one of Britain's best-loved comedians in Kevin Bridges' brilliant memoir. 'First of all, I have never written a book before, you probably haven't either, so there we have it; a connection is established between reader and writer . . .' Aged just 17, Kevin Bridges walked on stage for the first time in a Glasgow comedy club and brought the house down. He only had a five-minute set but in that short time he discovered that he really could earn a living from making people laugh. Kevin began life as a shy, nerve-ridden school-boy, whose weekly highlights included a cake-bombing attack by the local youths. Reaching his teens, he followed his true calling as the class clown, and was soon after arrested for kidnapping Hugh Grant from his local cinema on a quiet Saturday night. This was a guy going somewhere - off the rails seeming most

likely. Kevin's trademark social commentary, sharp one-liners and laugh-out-loud humour blend with his reflections on his Glaswegian childhood and the journey he's taken to become one of the most-loved comedians of our time. '... Hopefully now you'll take this over to the till and I can accompany you for the next wee while. That's the benefit of book shops, reading the little bit and then deciding if the author deserves to be part of your carefully selected 3 for 2 deal, or part of your plane journey, train journey, your next bath, your next shite.' Praise for Kevin Bridges: 'The Best Scottish Stand up of his Generation.' The Scotsman 'A wonderfully dry and deadpan Glaswegian comic . . . one the most exciting talents to have emerged from Scotland since Billy Connolly' Guardian 'Kevin Bridges might just become the best stand-up in the land . . . he will go and deliver a one-liner that you want to jot down and frame' The Times 'Wonderfully sharp, assured stand-up from the preternaturally gifted young comic' Independent

I'm Special Ryan O'Connell, 2015-06-02 NOW a NETFLIX series entitled Special from Executive Producer JIM PARSONS starring RYAN O'CONNELL as himself. From the beloved blogger turned voice of an online generation, an unforgettable and hilarious memoir-meets-manifesto exploring what it means to be a millennial gay man living with cerebral palsy, which VICE calls "a younger, gay version of Mary Karr's Lit." People are obsessed with Ryan O'Connell's blogs. With tens of thousands reading his pieces on Thought Catalog and Vice, watching his videos on YouTube, and hanging on to each and every #dark tweet, Ryan has established himself as a unique young voice who's not afraid to dole out some real talk. He's that candid, snarky friend you consult when you fear you're spending too much time falling down virtual k-holes stalking your ex on Facebook or when you've made the all-too-common mistake of befriending a psycho while wasted at last night's party and need to find a way to get rid of them the next morning. But Ryan didn't always have the answers to these modern-day dilemmas. Growing up gay and disabled with cerebral palsy, he constantly felt like he was one step behind everybody else. Then the rude curveball known as your twenties happened and things got even more confusing. Ryan spent years as a Millennial cliché: he had dead-end internships; dabbled in unemployment; worked in his pajamas as a blogger; communicated mostly via text; looked for love online; spent hundreds on "necessary" items, like candles, while claiming to have no money; and even descended into aimless pill-popping. But through extensive trial and error, Ryan eventually figured out how to take his life from bleak to chic and began limping towards adulthood. Sharp and entertaining, I'm Special will educate twentysomethings (or other adolescents-at-heart) on what NOT to do if they ever want to become happy fully functioning grown-ups with a 401k and a dog.

Jews Don't Count David Baddiel,2021-08-31 North American Edition of the UK Bestseller How identity politics failed one particular identity. 'a must read and if you think YOU don't need to read it, that's just the clue to know you do.' SARAH SILVERMAN 'This is a brave and necessary book.'

JONATHAN SAFRAN FOER 'a masterpiece.' STEPHEN FRY

Free and Equal Daniel Chandler,2024-04-18 *A Waterstones, Financial Times and New Statesman Book of the Year* 'A tremendous book, timely, wise, authoritative and clear' Stephen Fry 'A brilliantly eloquent, incredibly insightful reimagining of liberalism' Owen Jones 'Clear, brave, compelling' David Miliband 'Inspiring ... impassioned ... full of hope' Zadie Smith 'This is a fantastic book' Thomas Piketty Imagine: you are designing a society, but you don't know who you'll be within it - rich or poor, man or woman, gay or straight. What would you want that society to look like? This is the revolutionary thought experiment proposed by the twentieth century's greatest political philosopher, John Rawls. As economist and philosopher Daniel Chandler argues in this hugely ambitious and exhilarating intervention, it is by rediscovering Rawls that we can find a way out of the escalating crises that are devastating our world today. Taking Rawls's humane and egalitarian liberalism as his starting point, Chandler builds a careful and ultimately irresistible case for a progressive agenda that would fundamentally reshape our societies for the better. He shows how we can protect free speech and transcend the culture wars; get money out of politics; and create an economy where everyone has the chance to fulfil their potential, where prosperity is widely shared, and which operates within the limits of our finite planet. This is a book brimming with hope and possibility - a galvanising alternative to the cynicism that pervades our politics. Free and Equal has the potential not only to transform contemporary debate, but to offer a touchstone for a modern, egalitarian liberalism for many years to come, cementing Rawls's place in political discourse, and firmly establishing Chandler as a vital new voice for our time.

The Truth Pixie Matt Haig,2018-10-18 From number one bestselling author Matt Haig comes a hilarious and heartwarming story, brilliantly illustrated throughout by Chris Mould Wherever she is, whatever the day, She only has one kind of thing to say. Just as cats go miaow and cows go moo, The Truth Pixie can only say things that are true. A very funny and lovable tale of how one special pixie learned to love herself. The Truth Pixie is an enchanting, rhyming story that will delight younger readers – with words by the bestselling mastermind Matt Haig and pictures by the inky genius Chris Mould.

Thatcher Stole My Trousers Alexei Sayle,2016-03-10 'Enlightening ... Funny, smart, original and provocative ... It is hard to imagine the stalwarts of Mock the Week recognising the Druze militia leader Walid Jumblatt in a London cinema' New Statesman What I brought to comedy was an authentic working-class voice plus a threat of genuine violence - nobody in Monty Python looked like a hard case who'd kick your head in In 1971, comedians on the working men's club circuit imagined that they would be free to continue telling their tired, racist, misogynistic gags forever. But their nemesis, a nineteen-year-old Marxist art student, was slowly coming to meet them... Thatcher Stole My Trousers chronicles a time when comedy and politics united in electrifying ways. Recounting the founding of the Comedy Store, the Comic Strip and the Young Ones, and Alexei's friendships with the comedians who – like him – would soon become household names, this is a unique and beguiling blend of social history and memoir. Fascinating, funny, angry and entertaining, it is a story of class and comedy, politics and love, fast cars and why it's difficult to foul a dwarf in a game of football.

Ayoade on Ayoade Richard Ayoade,2014-09-30 In this book Richard Ayoade - actor, writer, director, and amateur dentist - reflects on his cinematic legacy as only he can: in conversation with himself. Over ten brilliantly insightful and often erotic interviews, Ayoade examines himself fully and without mercy, leading a breathless investigation into this once-in-a-generation visionary. Only Ayoade can appreciate Ayoade's unique methodology. Only Ayoade can recognise Ayoade's talent. Only Ayoade can withstand Ayoade's peculiar scent. Only Ayoade can truly get inside Ayoade. They have called their book Ayoade on Ayoade: A Cinematic Odyssey. Take the journey, and your life will never be the same again. Ayoade on Ayoade captures the director in his own words: pompous, vain, angry and very, very funny.

Nobody Panic Tessa Coates, Stevie Martin, 2021-11-11 font size=+0.5'Absolutely delightful, surprisingly useful and pleasingly absurd' - Rachel Parris font size=+0.5'Tessa and Stevie are two of the funniest people I know' - Nish Kumar font size=+0.5'A must-read for anyone struggling to be a convincing grown up' - Richard Herring font size=+0.5'Bloody funny and genuinely informative' - Ellie Taylor Trying to get your life together? Got three dead houseplants, no debit card, and an exploded yoghurt in your bag? Useful, funny and life-affirming, Nobody Panic is an instruction manual for anyone with absolutely no idea what they're doing. From the creators of the critically acclaimed podcast comes a series of How To guides for everything from job interviews to leaving a WhatsApp group, from understanding the oven to dealing with your best friend's new (astoundingly dull) partner. There's also a poem about taxes. Comedians and professional panickers Tessa Coates and Stevie Martin are here to help you learn from their many, many

mistakes, and remind you that when it comes to life, we're all in this together - so nobody panic. Praise for the podcast: font size=+0.5'Hilarious and brilliant' - Grazia font size=+0.5'Witty, smart and oh-so-relatable' - Evening Standard font size=+0.5'Jaunty' - The Times

Simon Amstell: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the fascinating narratives that have captivated audiences this year. Simon Amstell: Colleen Hoovers "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best: Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic: Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he guickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a guiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be

manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a brilliant and thrilling novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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